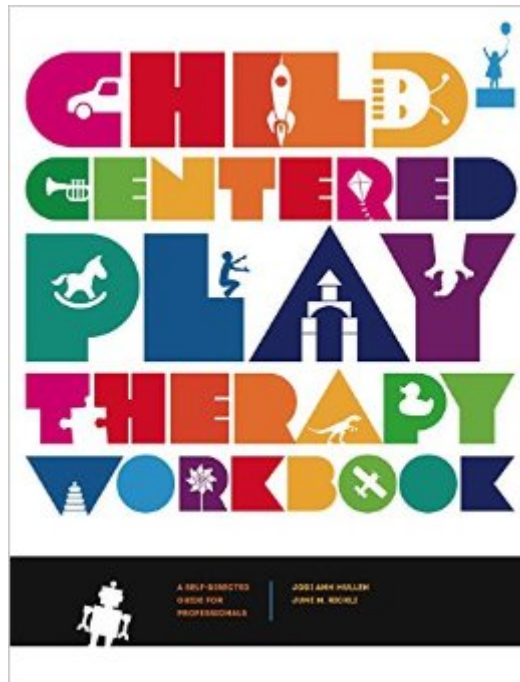


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Child-Centered Play Therapy Workbook: A Self-Directed Guide For Professionals



Synopsis

This indispensable workbook successfully combines the foundational content needed to orient play therapists to the child-centered approach with an engaging series of reflective and experiential activities designed to help develop therapeutic competence. The many activities included here allow readers to engage in an interactive process to learn the philosophy and skills of child-centered play therapy: seeing the world through the child's eyes, empathizing, tracking, setting limits, recognizing childhood as culture, identifying themes and stages of therapy, and more. Throughout, the authors provide a personal backdrop for learning and living the child-centered play therapy philosophy, based on their many years conducting and supervising play therapy sessions. Both budding and seasoned play and child therapists stand to gain richly from their insights.

Book Information

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Customer Reviews

This book is extremely helpful for learning how to work with children through Child-Centered Play Therapy. Not only does it go over the theory and teach you how to work, but it also has interactive pages where you can practice the skills you learn. I highly recommend.

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